

Over-the-Counter Drugs DEXTROMETHORPHAN (DXM)

Signs and Symptoms

Dextromethorphan (DXM) is the active ingredient found in over-the-counter (OTC) cough/cold medications such as Robitussin, Vicks, Coricidin, and Mucinex.

Not all types of cough/cold medications contain DXM, it will be identified on the label.

Street Names: Robotripping, Robo, Triple C's (*Coricidin*)

Method of Use: Orally (*in tablet, gel cap, or liquid form*)

Symptoms/Effects of Use

- ▶ Numbness
- ▶ Nausea/vomiting
- ▶ In high doses it can produce dissociative or out-of-body experiences or hallucinations (*similar to PCP/ketamine*)
- ▶ Increased heart rate
- ▶ Increased blood pressure
- ▶ Impaired motor function

What to Look For

- ▶ Hidden, empty bottles/packages of cold medication
- ▶ Mood swings
- ▶ Erratic behavior
- ▶ Hallucinations

Note: Each person may experience different symptoms/effects. This list is not inclusive.

For more information, visit www.drugabuse.gov